

Bauder Bugle

December 2023 Newsletter

Bauder Elementary

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> Office 970.488.4150

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Principal Stephen Boese

Principal's Message

Hello Bauder families,

It's December already. These weeks between Thanksgiving Break and the Winter Break really go by so fast. We have several events happening too and we hope to see you here at Bauder. Look at upcoming events to find details



about Caroling and Cocoa, Guitar Holiday Sing Along, the Bauder Spelling Bee, and the 5th Grade Encore Winter Festival. We love being a neighborhood school and we hope to continue to build a strong sense of community where all Bauder families and students feel they belong.

This is a wonderful time of year with so many events to enjoy, but the added events can also be stressful. One important strategy for helping your children handle the stress is to make sure they are getting enough sleep. Most people think that 8 hours is the ideal amount of sleep, but for elementary age children the number is actually higher.

The National Sleep Institute recommends these hours of sleep:

- 12–17 for newborns and infants
- 11–14 for ages 1–2
- 10–13 for ages 3–5
- 9–11 for ages 6–13

The Youth Clinic

- 8–10 for ages 14–17
- 7–9 for adults

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Well Care Visits are **Time Well Spent**

Join The Youth Clinic Family for Year-Round Comprehensive Care

Advertising in this newsletter does not imply endorsement by Poudre School District.

Is it just a phase?



CAYAC Child, Adolescent, and Young Adult Connections

Helping youth and families find answers, options and support.



Principal's Message

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In some studies, "children who got insufficient sleep had more mental health and behavioral challenges than those who got sufficient sleep. These included impulsivity, stress, depression, anxiety, aggressive behavior, and thinking problems. The children with insufficient sleep also had impaired cognitive functions such as decision making, conflict solving, working memory, and learning."*

We all want the best for our children and helping them get enough sleep can go a long way. Here are some tips for good sleep habits:

- Set a consistent bedtime and bedtime routine
- Do not allow a tv, computer, or cellphone in the bedroom at night
- Avoid having anything with caffeine (sodas, chocolate bars) for at least 3 hours before bed
- Spend some quality, positive attention time together before bed

Hopefully, making sleep a priority will help you and your children have a positive and enjoyable holiday season.

Sincerely,

Stephen Boese Principal Bauder Elementary School

* <u>https://www.nih.gov/news-events/nih-research-matters/children-s-sleep-linked-brain-development</u> <u>https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/sleep-an-essential-element-of-success-for-children</u>



Start Your Child's Climbing Journey Today!

Our Youth Clubs are the perfect way to explore the world of climbing, learn new skills, and get active!

4 Week Long Sessions: August 28 - September 22 September 25 - October 20 October 23 - November 17 November 27 - December 22

Starting as young as 3 years old!

CLICK THE AD TO LEARN MORE & BOOK A SESSION TODAY!



Dates to Remember:





Monday	12/04	Caroling and Cocoa 5:30-7:00pm
Tuesday	12/05	PTO Meting 6:30-7:30pm
Tuesday	12/12	Guitar Holiday Sing a Long 6:30-7:30pm
Thursday	12/14	Donuts with Dear Ones 8:15-8:35am
Friday	12/15	Bauder Spelling Bee 2:00-3:00
Tuesday	12/19	Encore Winter Festival 5:30-7:00pm
MonTues. 12/25 – 1/08		Winter Break

Jan.

Mon Mon. 1/01 – 1/08		Winter Break
Tues.	1/09	PTO Meeting 6:30-7:30pm
Mon.	1/15	No School – Martin Luther King Jr. Day

Guitar Holiday Sing a Long

Celebrate the holidays by sharing the joy and spirit of the season through music with the Bauder Pride Guitars. Beginning, Intermediate and Advanced guitar classes will join to lead a good, old-fashioned, Holiday Sing Along. Join us on Tuesday, December 12th 6:30-7:30 pm in the Bauder cafe. We will sing holiday songs from around the world together and then celebrate with treats afterward. We hope you will come to share the spirit of the holidays with us!



Balloons over Bauder

Kindergarten students have been reading the book Ballons over Broadway: The true story of the puppeteer of Macy's parade. This story tells the history of the very first balloons for the Macy's day parade. The students created their own balloon characters and paraded around Bauder.



















Supporting our Schools



Joe Mivshek Joe.Mivshek@KW.com



970.420.7163



K-12 District Art Show at Foothills Mall titled, *Creative Endeavors*, is opening Thursday, Nov 16th. The show will run through the holidays until January 10th, 2024. We have 18 students in the show. Below is the listing of the students and their art. We hope you can go enjoy the show at some point during the holiday season.















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Market your business in Poudre School District. You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.



Page 5

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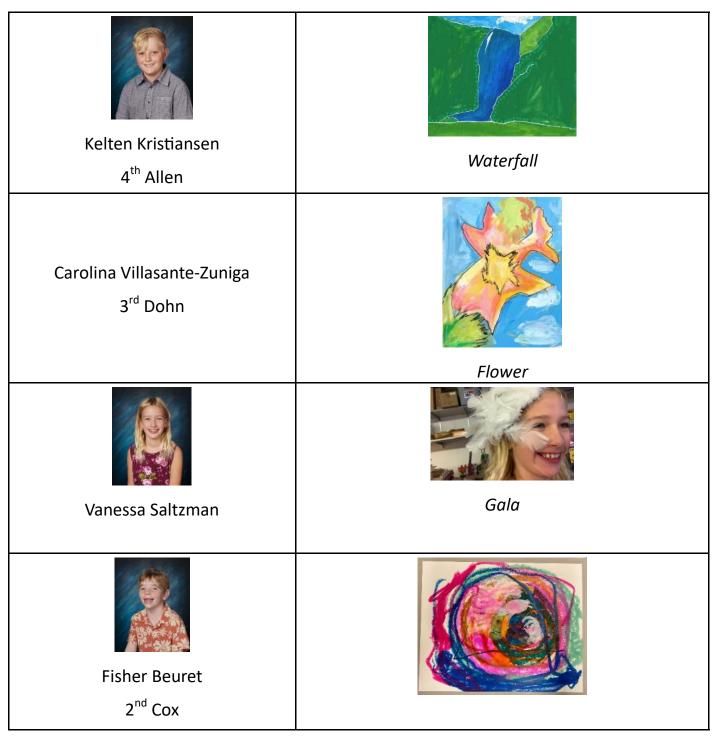
Creative Endeavors @ Foothills Mall			
2023			
Student Artist	Art with Title		
Grade/Teacher			
Daphne Edler	City Life		
5 th Strike			
Hurley-Je			
Colton Aragon	Homer		
5 th Strike			
Miguel Aab			
4 th King	Bowl		
Ruth Milburn			
4 th King	Tucan		

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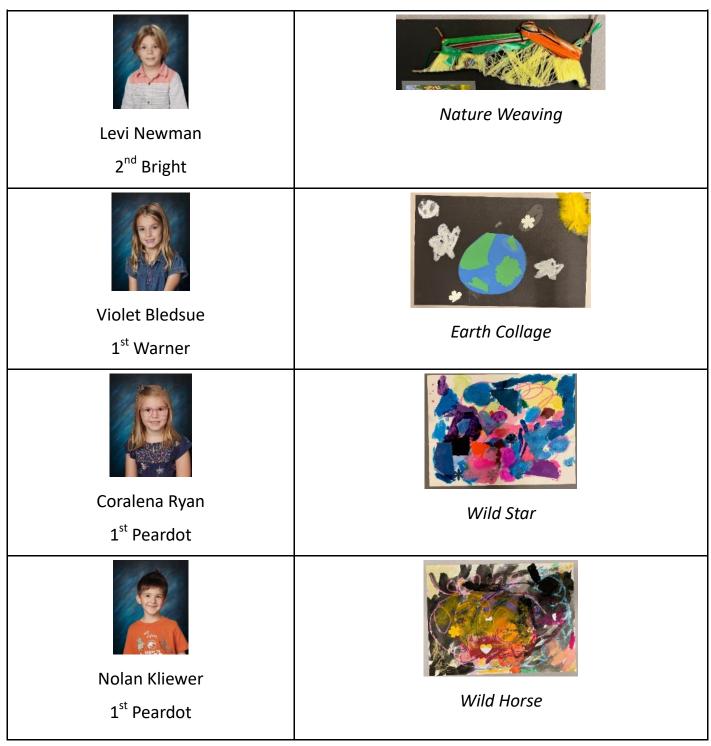
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Quinn Mosley 4 th King	
	Cherry
Piper Barrett	
4 th Reger	
Arlo Barrett	Marble Painting
4 th Allen	indisic Functing
Alex Pawleshyn 4 th Allen	

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Pottery Club coming soon!

Mrs. McNeil will be starting an after-school pottery club at Bauder. The club will be open to 2nd-5th grade students. It will meet on Wednesday's starting January 17th from 3:30-4:30pm. Students will learn slabbuilding, coil-building and sculpture. They will have 3 products by the end of the session. The cost for the 6week session is \$210.00. Cost includes clay, glaze, facility use, kiln firing and instructor time. Space is limited to the first 20 who apply. Any questions please email Annie McNeil @anniem@psdschools.org. Here is the sign-up link:

https://docs.google.com/forms/d/e/1FAIpQLScuLOQL0 L0Wjje4S1aeUAX9pRLcOBiz557pEyMYx1kPWr9g/ viewform?usp=sf_link?

Lunch with Your Student

We love that so many parents are coming to have lunch with their students. Please remember to bring your driver's license. We are not able to have parents at recess for safety reasons. We do have volunteer opportunities for you to supervise at recess. If you are interested in supervising a recess time, please reach out to Mary Ann Spence or Maribeth Ragle. They will be able to schedule a time to go over rules, playground expectations and scheduling. You will need to be registered as a volunteer.





December Bauder Excellent Behavior Awards

Kindergarten:

Devalk – Larke B. Joni H.

Moon – Azayah L. Kyler T.

1st Grade:

Peardot –Olivia H. Abdelkader E. Willow H.

Warner – Mia M. Penny H. Jayce L. Braelund G.

2nd Grade:

Bright –Hanai A. Diego R. Porter R.

Mitchell -Everett N. Lily S. Elora E.

3rd Grade:

Dohn –Finn M. Jebediah G. Lynn – Tucker M. Nadia A. Lou J.



Vigil – Janey M. Wren H. Evie G.

Cox – Makayla E. Audrey C.

Repetto –Ryder M. Khadija A. Lucy O.

Fris –Olive R. Lindsay W. Violet A. Bode K. Zariah H. Rosie F.

Richen – Piper D. Indie M. Solana G. Vanessa S. Tyler S. Max S.

Page 11

December Bauder Excellent Behavior Awards

4th Grade:

Allen –Reese S. Kelten K.

Marshall –Grant S. Alex L. Chloe G. Collin M. King –Miguel A. Jackson B. Sonora T. Oliver C.

Reger –Lily A. Henry L. Zeke S.



5th Grade:

Hendrickson-Josiah Z. Skye C. Samuel C. Elijah B. Provencio –Ezra W. Sophia N. Keegan B. – Mrs. Frable

Strike – Robbie H. Zaniya S.

More Bauder Clubs

We will be offering a Bauder chess club, Bauder Crest robotics, and Bauder Young Rembrandts Art club. We have several clubs that will be starting soon. Please refer to each club to see the guidelines, dates, times, and the cost, as they vary for each club. The links to sign up are below for each individual club.

Crest Robotics Club

- Bauder Crest Robotics Club
- Dates: December 6th, every Wednesday school is in session.
- NO club on 12/27, 1/3, & 3/13

Chess Club

- Bauder Chess Club
- Dates: 1/22, 1/29, 2/5, 2/12, 2/26, 3/4, 3/18, 3/25, 4/1, 4/8, 4/15 & 4/22.
- Mondays, when school is in session.

Young Rembrandts Art Club

- Bauder Young Rembrandts Art Club
- Dates: January 18th March 7th
- Thursdays, for 8 weeks.

Page 12

Stay tuned for Running Club Spring Session dates. These will be advertised in the new year.

5th Grade Encore Winter Festival

5TH GRADE ENCORE WINTER FESTIVAL: **MUSICAL PERFORMANCE** FAMILY ART NIGHT

Hello Bauder Families,

Encore is joining forces to bring you an evening celebrating the arts. Begin the night walking through our 5th grade art gallery and participate in collaborative art making inspired by our art studio centers. Then, join us in the cafe for the musical, Pocketful of Dreams, performed by 5th grade music/tech enrichment students. Finish the evening making art or enjoying the student art gallery.

We hope you can join us to celebrate the arts with 5th grade students!

See you soon, Your Encore Team

SAVE THE DATE

Date Tuesday, December 19th, 2023

me

5:30-6:00pm Gallery Walk & Family Collaborative Art Making (Gym & Main Pod) 6:00-7:00pm-ish Pocketful of Dreams Musical Performance (Flex Room) 7:00-7:30pm Gallery Walk (Gym & Main Pod)

Location

Bauder Elementary Main Pod, Flex room, and Gym

Contact your encore team with questions anniem@psdschools.org (art) dfrankli@psdschools.org (music) cnewman@psdschools.org (tech)

Winter Break 12/25-1/08

Winter Break starts on December 25th and ends on Monday January 8th. All students should attend on Tuesday, January 9th. We hope your winter break is full of family fun and time to recharge your body and mind. Below you will find a list of winter break fun ideas. These are fun activities to do with your students, family, and friends. Have a great winter break and we look forward to seeing you in the new year.



SRO Corner

Season's Greetings! Let's delve into the important topic of cell phone safety, especially relevant if your student is either about to get a cell phone or already has one. Parents often wonder about monitoring their child's phone, and here are some key points to discuss with your child:



- Digital Permanence: Emphasize that everything they write or post online remains accessible forever, including on social media platforms.
- 2. Cyberbullying: In case of cyberbullying or encountering inappropriate content, advise your child to confide in a trusted adult. Have continuing conversations!
- 3. Caution with Unknown Contacts: Instruct them not to add unfamiliar individuals on social media and to be cautious about answering calls or texts from unknown numbers.
- 4. Parental Involvement: Communicate! Establish a regular schedule, perhaps weekly, to go through the phone together. This provides an opportunity to discuss any concerns and check for signs of cyberbullying, grooming behavior, inappropriate content, or unfamiliar apps.

For additional safety measures:

- Social Media Settings: Explore and implement the parental supervision available on various social media platforms.
- Parent Control Apps: Consider using parental control apps that allow you to block content and monitor your child's activities directly from your own device.

While we cannot shield our children entirely from technology and social media, we can empower them with the tools to navigate these platforms safely and responsibly. If you have further questions, feel free to reach out. We are here to support you and your students!

Also, if you are interested in enhancing your knowledge about Cyber Safety and Social Media Platforms as Parents, mark your calendar for February 6th. Stay tuned for more details and information to follow.

Warm Regards,

Shaklee

Come Join Our School Accountability Committee

I have had some wonderful volunteers for this committee in the past. If you have served on this committee before and would like to continue, I would greatly appreciate your support. If you have never served on this committee, I encourage you to give it a try. You can find more information about what a School Accountability Committee is <u>here</u>. If you are interested, please send me an email at <u>sboese@psdschools.org</u>

Order your Bauder Yearbook Now!

The Bauder yearbook is now available to order. This year we are excited to have the cover designed by one of our very own students. The cost of the yearbook is \$20.00. Yearbooks will be delivered in May. You can order the yearbook online at ybpay.com with the Yearbook ID Code:14474324.

Afterschool Pick Up Changes



The afternoon schedules for students and staff are very busy with Encore, I/E classes, and recess. We are requesting that parents/guardians make any

changes to after school pick up plans before 2:45pm. We will let your student know any changes at that time. We will not be able to communicate any changes in plans after this time, so please plan accordingly.



Attendance Calls

We are required to have a reason for your student's absence. Please make sure when calling the attendance line to give your student's name, the day of absence and most

importantly the reason for the absence. Providing this information will prevent the office having to call and inquire why your student is absent. Any absence without a reason is considered an unexcused absence. Our attendance line phone number is **970-488-4151** and can be accessed 24 hours a day. Thank you for your help!

Parent Vue updates

Has your phone number, address or email changed lately? Have any of your emergency contact numbers changed? Parent Vue is a terrific way to update this information. Please contact the office if you need any help with logging in or updating your information. Thank you for keeping this information current.